



DAY 1

Flights are from your home city to Montréal and Montréal Airport to Bagotville

Landing in Bagotville (YBG) for some participants and Ms. Julie Dubord will welcome you.

Overnight

Hotel Boutique Hotel Chicoutimi - www.lemontagnais.qc.ca

With its 110-year long history, the hotel is known for its ideal downtown location overlooking the Saguenay River. Each room features a unique work of art by regional artists. Using environmentally-friendly products and practices is also the hotel's number one priority.

DAY 2

Meeting in the hotel hall

Breakfast and visit at the **Hotel Le Montagnais**

Le Montagnais is the largest hotel complex in North-Eastern Quebec. To add to its 307 rooms, a variety of services is offered: a bar and dining room, a discotheque, two (2) pools, spa and sauna, sports complex, fitness center, a playroom for kids and high-speed Internet in every room.

9:00 am Departure for Alma

10:00 am Bicycle ride (1h) on the **Véloroute des Bleuets** – www.veloroute-bleuets.qc.ca

(If rainy or too windy day: presentation) The Véloroute des Bleuets, located in the Saguenay-Lac-Saint-Jean region, is one of the most impressive and complete bike paths in Québec. The 272-km path offers a memorable cycling experience around one of the largest lakes in Quebec, Lake Saint-Jean. Cycling around the Véloroute des Bleuets will allow you to discover spectacular sites, major tourist attractions, and vibrant festivals.

11:30 am Departure for a lunch at **À L'Orée des Champs**

www.giteetaubergedupassant.com/aloreedeschamps

À l'Orée des Champs is part of a family business dedicated to lamb production. Winner of various awards in 2009 & 2010 after its first year of operation, this unique restaurant located in an old barn will win you over by its warmth, the joyful owners and its delicious meals featuring (of course!) lamb and other freshly picked produces. Finger-licking good!

Lunch with some suppliers from the Saguenay-Lac-Saint-Jean region

1:15 pm Departure for Girardville

3:30 pm **Domaine de la Rivière Mistassini** - www.domainedelarivieremistassini.com

(outdoor activity, such as canoeing and/or hiking) At Domaine de la Rivière Mistassini features 120 hectares of pristine nature surrounding charming log cabins located on the shore of the Mistassini river. Hiking, blueberry or mushrooms picking, canoe-camping for 2 or 3 days and plenty of outdoor activities are yours to discover with your two hosts: Céline and Alain.

7:00 pm Dinner at Domaine de la Rivière Mistassini



Overnight Domaine de la Rivière Mistassini

DAY 3

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| pm | Zoo sauvage de Saint-Félicien - www.zoosauvage.com
<i>Experience the backstage of this incredible and unique wildlife reserve first by enjoying a delicious lunch along with a live character (1901 farmer). The Zoo sauvage de Saint-Félicien is renowned for its large "family" featuring over 80 species of animals that roam freely in their expansive natural enclosures. On foot or on board a wire-fenced train, you will also discover the different ecosystems of the Borealis and see North American animals such as black bears, elk, and wolves living side by side in a vast Nordic setting</i> |
| Overnight | Possibility of overnight in a prospector tent (with a fireplace inside), directly in the zoo... check for the caribou horde that roams around! |

DAY 4

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| am | Breakfast |
| 9:30 am | Village Historique de Val-Jalbert - www.valjalbert.com
<i>Millions of dollars have been invested this year to revamp the already well-loved ghost town of Val-Jalbert, which was one of the most modern towns of Quebec in the 1920s. Visit the fully restored (and cleverly updated...) original workers' houses where clients can spend the night, admire the stunning beauty of the huge waterfalls, and walk in the steps of the foremen of the old pulp mill.</i> |
| 11:30 am | Departure for Saint-Gédéon |
| Lunch | Microbrasserie du Lac-Saint-Jean – www.microdulac.com
<i>Beer-tasting, lunch and loads of fun! The owners of this microbrewery have developed several beers over the last 7 years. Those products are the result of numerous training in Belgium and strong inspiration taken from regional products and culture. Menus mainly include local vegetables, fruits, cheeses, and meats. A good way to enjoy summer in Saguenay—Lac-Saint-Jean!</i> |
| 3:30 pm | Departure for the airport |