



**Your Canadian Incoming
Tour Operator**

30 years of experience

Specialized in inspiring spiritual journeys
and cultural tours throughout Canada

Private tours and customized tour
packages

Deep knowledge of our region, for special
“plus” and assistance while we designed
your entire package!



For more information:

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4060 boulevard St-Laurent Suite 205,
Montreal, Québec, CANADA H2W 1Y9
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A DISCOVERY OF CANADIAN SHRINES

From Niagara Falls to Quebec City - 12 days / 11 nights

- A discovery of Canada's main shrines
- Self-awareness in the heart of nature at St-Anthony Hermitage
- Visit the shrine of the first Amerindian Saint, Saint Kateri Tekakwitha
- Pilgrimage of the Blessed and Saints founders of the first catholic parish in North America
 - Niagara Falls and Thousand Islands cruises

DAY 1 TORONTO ARRIVAL

Welcome to Toronto!

DAY 2 TORONTO / NIAGARA FALLS

Panoramic tour of Toronto and drive toward Niagara Falls. Panoramic luncheon, before boarding a cruise to better enjoy the falls. Visit of the Mount Carmel Monastery in the afternoon. Mass.

DAY 3 NIAGARA FALLS / THOUSAND ISLANDS

Depart towards the 1000 islands region. Board a cruise to discover this constellation of over 1800 rugged islands, scattered along St Laurent River. Mass.

DAY 4 THOUSAND ISLANDS / OTTAWA / MONTREAL

Drive towards the national capital: Ottawa. Upon arrival, orientation tour with Parliament Hill, Byward market, Rideau canal. Mass. Continuation towards Montreal.

DAY 5 DISCOVERY OF MONTREAL

Discover Saint-Joseph's Oratory, a renowned site throughout the world. Mass. Smoked meat luncheon. Guided tour of Montreal. You will see Mary Queen of the World Cathedral and, in the Old Montreal, guided tour of the Basilica « Notre Dame de Montreal ».



DAY 6 MONTREAL /OUR LADY OF THE CAPE

Departure towards Our Lady of the Cape shrine. Guided tour and mass. Discover Ursulines museum. Tonight, you will experience a traditional dinner in the sugar shack.

DAY 7 OUR LADY OF THE CAPE / St ANTHONY'S HERMITAGE

Visit of a lumberjack's camp reconstitution from the early 20th century. Continuation towards St. Anthony's Hermitage of Lac-Bouchette, operated by the Capuchin Fathers. Mass.

DAY 8 St ANTHONY'S HERMITAGE

Visit of the site. Mass. In the afternoon, you will meet the Amerindian community of Mashteuiasth, an Innu community settled on the shores of the Lake St Jean. Visit of the Innu Museum and of Saint Kateri Tekaktwitha's Church, dedicated to the first Amerindian Saint of Canada.

DAY 9 ST ANTHONY'S HERMITAGE / TADOUSSAC/ STE ANNE DE BEAUPRE

Departure towards Tadoussac commonly associated with whale-watching. Possibility to stop at the Monastery of the Glorious Cross, home to the Catholic community of the « Petits frères de la Croix ». Mass.



DAY 10 STE ANNE DE BEAUPRE

Guided tour of the Sainte-Anne-de-Beaupré shrine. Visit the “Christorama” at the Copper Art Museum of the Gilles family. Visit the famous “Ile d’Orleans” and the Montmorency falls. Located between the river and the cliffs, the falls are one of the province's most spectacular sites with a 83 meters high fall (30 meters higher than Niagara Falls). Dinner on the site at Manoir Montmorency.

DAY 11 STE ANNE DE BEAUPRE – DISCOVERY OF QUEBEC CITY

Drive towards Quebec City for a guided tour of the only North American fortified city north of Mexico whose walls still exist. It was declared a UNESCO World Heritage. This afternoon, Pilgrimage of the Blessed and Saints founders of the first Catholic North American parish: François de Laval, Marie de l’Incarnation, who founded the Ursuline Nuns of Quebec and Catherine de Saint-Augustin, spiritual founder of the Augustinian Nuns of the Hôtel-Dieu of Québec. Mass. End of day at leisure to discover the city at your own path.

DAY 12 STE ANNE DE BEAUPRE/AIRPORT

Mass in the morning. Transfer to your airport, Quebec City or Montreal.

Day 01	Toronto Airport / Toronto	
Day 02	Toronto / Niagara Falls	150 km
Day 03	Niagara Falls / Thousand Islands	450 km
Day 04	Thousand Islands / Ottawa / Montreal	400 km
Day 05	Montreal	
Day 06	Montreal / Our Lady of the Cape	150 km
Day 07	Our Lady of the Cape/St Anthony Hermitage	280 km
Day 08	St Anthony Hermitage	
Day 09	St Anthony Hermitage/Ste Anne de Beaupré	415 km
Day 10	Ste Anne de Beaupré	
Day 11	Ste Anne de Beaupré / Quebec City	
Day 12	Quebec City / Montreal Airport	280 km



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QUEBEC, LAND OF SPIRITUALITY

9 days / 8 nights

- A discovery of Quebec main shrines
- Self-awareness in the heart of nature at St-Anthony Hermitage
- Visit the shrine of the first Amerindian Saint, Saint Kateri Tekakwitha
- Pilgrimage of the Blessed and Saints founders of the first catholic parish in North America
- Special meals and activities to enjoy Quebec culture

DAY 1 ARRIVAL AT MONTREAL

Welcome to Montreal, “city of the hundred steeples”!

DAY 2 DISCOVERY OF MONTREAL

In the morning, visit St Joseph’s Oratory, renowned throughout the world as a privileged site for pilgrims in search of solace and salvation. Mass. Smoked meat lunch. Guided tour of Montreal during which you will discover the history of the city, from the days of Fort Ville-Marie to the buzzing Montreal of today, and see Mary Queen of the World Cathedral. Visit “Our Lady of Montreal” Basilica with a guided tour, in the heart of Old Montreal.

DAY 3 MONTREAL / OUR LADY OF THE CAPE

Departure towards Our Lady of the Cape shrine. Guided tour and mass. Discover the Ursulines museum. In the evening, experience a traditional Quebec dinner in a sugar shack, with traditional music.

DAY 4 OUR LADY OF THE CAPE / ST ANTHONY HERMITAGE

You will leave towards the region of Haute Mauricie, with its beautiful forests and lakes landscapes. Stop to visit a lumberjack’s camp reconstitution from the early 20th century. Continue towards St Anthony’s Hermitage, situated in the beautiful surroundings of Lake Bouchette and operated by the Capuchins Fathers. Mass.

DAY 5 ST ANTHONY HERMITAGE

Guided tour of St Anthony sanctuary, surrounded by nature. You will see the museum, St Anthony tower and the grotto harbouring Our Lady of Lourdes statue.

Mass. In the afternoon, discovery of Quebec flora and fauna. Then you will meet the Amerindian community of Mashteuiasth, an Innu community settled on the shores of Lake St Jean. Visit of the Innu Museum and of Saint Kateri Tekakwitha’s Church, dedicated to the first Amerindian Saint of Canada.

DAY 6 ST ANTHONY HERMITAGE / TADOUSSAC / STE ANNE DE BEAUPRÉ

Departure in the morning towards Tadoussac, alongside the Saguenay Fjord. It is in Tadoussac that the first fur-trading post was established in 1600. Tadoussac is also commonly associated with whale-watching, as several species of orcas and whales spend summer in its waters. Continuation towards the hilly region of Charlevoix, where we can make a stop at the Monastery of the Glorious Cross. The monastery is home to the Catholic community of the “Petits frères de la Croix ». Arrival at Ste Anne de Beaufré.

DAY 7 SAINTE ANNE DE BEAUPRÉ

Guided tour of Ste Anne de Beaufré shrine. Frescoes in the Basilica depicts missionaries, saints and Blessed of Quebec. Every year, pilgrims gather at the shrine on St Anne’s day. Mass. Visit the Copper Art Museum of the Gilles family, where you will be amazed by “Christorama », a 50 hand-wrought silver panels work picturing the life of Jesus Christ. Continuation towards



the “Ile d’Orléans” and stop to enjoy a local produce tasting. End your day at Montmorency falls, one of the province’s most spectacular sites with a 83 meters high fall (30 meters higher than Niagara Falls). Dinner at the panoramic restaurant Manoir Montmorency.

DAY 8 STE ANNE DE BEAUPRÉ / QUEBEC CITY

Drive towards Quebec City for a guided tour of the only North American fortified city north of Mexico whose walls still exist. It was declared an UNESCO World Heritage. This afternoon, Pilgrimage of the Blessed and Saints founders of the first Catholic North American parish: François de Laval, Marie de l’Incarnation, who founded the Ursuline Nuns of Quebec, and Catherine de Saint-Augustin, spiritual founder of the Augustinian Nuns of the Hôtel-Dieu of Québec. Mass. End of day at leisure to discover the city at your own path.

DAY 9 STE ANNE DE BEAUPRÉ / AIRPORT

Messe et transfert à l’aéroport.



Day 01	Montreal airport / Montreal	
Day 02	Montreal	
Day 03	Montreal / Our Lady of the Cape	150 km
Day 04	Our Lady of the Cape/St Anthony Hermitage	280 km
Day 05	St-Anthony Hermitage	
Day 06	St Anthony Hermitage/Ste Anne de Beaufré	415 km
Day 07	St Anne de Beaufré	
Day 08	St Anne de Beaufré / Quebec City	
Day 09	St-Anne de Beaufré / Montréal airport	280 km